

# THE PACKRAT

ROCKY  
MOUNTIAN



RAMBLERS  
ASSOC.

OCTOBER - NOVEMBER 1999

**ACTIVITIES:** Hiking, Backpacking, Skiing, Cycling, Climbing, Scrambling, Mountaineering, Educational and Awareness Programs, Social Functions.

**MEETINGS:** Every Wednesday evening at 7:30 p.m.  
Rosemont Community Hall, 2807 - 10 Street N.W.

**MAIL:** Rocky Mountain Ramblers Association  
c/o Calgary Area Outdoor Council (CAOC)  
1111 Memorial Dr. N.W.  
Calgary, Alberta  
T2N 3E4

**TRIP INFO:** 282-6308 Hotline and at meetings.

## RMRA EXECUTIVE 1998 - 1999

|                   |                    |
|-------------------|--------------------|
| President         | Anita O'Reilly     |
| Vice President    | Garry Denman       |
| Past President    | Bob St. John       |
| Trips Director    | Ron Hunter         |
| Treasurer         | Chris Saunders     |
| Secretary         | Ron Mason          |
| Social Director   | Mary Jane Hradowy  |
| Program Director  | Maria Nemethy      |
| Newsletter Editor | Suzanne Costaschuk |

## EDITOR'S NOTE

Apologies, apologies, apologies are in order to Anita O'Reilly, Ron Hunter, and Dorothy-Anne Reimer for whom I omitted their articles to the August-September Packrat. While Anita's message has been up-dated, Ron's statistics sheet and Dorothy-Anne's stories appear in this Packrat issue.

The RMRA executive has submitted three motions to amend the Associations By-laws. These motions will be voted on at the General Meeting October 20<sup>th</sup>, 1999. A call for nominations to the 1999-2000 Executive Committee is also found in this issue of the Packrat. Note that a RMRA Application form has been put into the newsletter and Rambler members are encouraged to fill it out and bring it to the Wednesday night meeting October 6<sup>th</sup> or mail it the Association's mailbox.

The up-coming Social Events list reminds us of the October Thanksgiving Car Camp at Fernie, B.C., as well as the Annual Dinner, Dance, & Awards Night.

The current newsletter has interesting stories coming from North America, the United Kingdom, and South America. Also, a 'SKI INFO' page will help us prepare for the up-coming ski season. A 'Lost & Found' and a 'For Sale' corner appears at the back of the newsletter along with ads for trips.

Articles for the next Packrat should be submitted by November 10 to myself or my Email address  
Thanks kindly and enjoy the autumn.  
Suzanne Costaschuk

"The language of  
friendship is not  
words but meanings."

—Henry Thoreau

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## UP-COMING SOCIAL EVENTS

**Friday October 1, 1999: Rosebud Theatre**  
Dinner: 7:00 P.M.

Theatre: 9:00 P.M.

Play: Opal

Cost: 15 or more people = \$38.00

14 or less people = \$41.00

Note: Cost includes dinner, theatre, tip & GST.

\*Optional Bus Transportation for higher cost.

Contact: Mary-Jane Hradowy

**October 9, 10, & 11, 1999: Fernie Hostel,  
Fernie B.C.**

Cost: \$16.00 / person / night

Activities: Hiking or whatever the weather  
will allow.

Potluck Thanksgiving Dinner.

Contact: Mary-Jane Hradowy

**Friday October, 29, 1999: Annual Dinner,  
Dance, and Awards Dance**

Location: Calgary Winter Club

Cocktails: 6:00 P.M.

Dinner: 7:00 P.M.

Dance: 8:30 P.M.

Tickets will be available in October at the  
Wednesday night meetings or by calling  
Mary-Jane Hradowy

## **PRESIDENT'S MESSAGE**

By Anita O'Reilly

Although we've received very little cooperation from the weather RMRA has once more grown in leaps and bounds to a total of 292 members as of September 1, 1999. Thanks to all the coordinators who are putting in the extra effort to ensure we have a plentiful and varied assortment of trips available each weekend.

The *Annual General Meeting set for October 20<sup>th</sup>* is fast approaching. Please try to attend. This is your opportunity to make your thoughts and ideas known. I encourage each and every member to consider letting your name stand for a position on the executive committee or to offer your time to sit on the social committee or safety committee. Let the nominating committee know if you are interested in becoming a candidate.

I have enjoyed my terms as President immensely and thank you for all the assistance and ideas you have shared with me over the past 2 years. They have been busy years with much growth and I feel it's time to step aside and make room for fresh approaches.

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### **NOTICE OF THE 1999 ANNUAL GENERAL MEETING**

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**Place:** Rosemont Community Centre  
**Date:** Wednesday, October 20, 1999  
**Time:** 7:30 PM – trip-planning meeting  
8:00 PM - Annual General Meeting

Please support your club by attending this important meeting. We require a quorum of one fifth of the membership as of September 30, 1999. You are eligible to vote if you were a member on September 30, 1999, or have since become a member. Please bring a pen or pencil.

#### **AGENDA**

1. Minutes from the 1998 Annual General Meeting
2. Business arising from the minutes
3. President's report
4. Treasurer's report and Financial Statements
5. Coordinators' Director report
6. New business
7. Election of the 1999-2000 Executive Committee
8. Adjournment.

## **NOMINATIONS for the 1999 - 2000 Executive Committee**

- \* The Nominations committee, chaired by Wally Drew, is accepting nominations for the following positions:

President  
Vice-President  
Secretary  
Treasurer  
Social Director  
Program Director  
Packrat Editor

- \* Nominations will also be accepted from the floor at the Annual General Meeting.
  - \* Please obtain the consent of the nominee prior to making a nomination.
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## **PROPOSED AMENDMENTS TO THE BY-LAWS, prepared by Anita O'Reilly**

The following motions are presented by the Executive Committee for additions to the by-laws:

**Motion 1:** The Executive Committee moves that a by-law be added to Section 11 as follows, "All Association trips require a trip waiver form and that the waiver form shall be signed by all participants".

*Discussion:* Currently there is no by-law requirement that trips have a signed trip waiver form. This addition will ensure that for a trip to be considered an Association activity it must have a waiver form, signed by all participants, to provide liability protection for the Association, its coordinators and its members.

**Motion 2:** The Executive Committee moves that a bylaw be added to Section 11 as follows, " All Association trips must take place within Canada."

*Discussion:* The trip waiver was formulated to be applicable under Canadian laws and similar waivers for non-profit associations appear to have provided protection in Canadian courts. This is not necessarily the case for American or other foreign jurisdictions, therefore trips should be restricted to Canada.

**Motion 3:** The Executive Committee moves that a change to the wording of By-law # 1(b) be made as follows, "Individuals joining after August 1<sup>st</sup> who have never been members of the Association, will pay the standard membership fee to become a RMRA member, and their membership will carry them through to the end (September 30) of the following fiscal year."

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# Rocky Mountain Ramblers Trips Called: October 1/98 - July 18/99

| Coordinator        | cycle    | hikes    |           |           |           | downhill | s.shoe   | X-C ski   |           |           | mtn      | Total      |
|--------------------|----------|----------|-----------|-----------|-----------|----------|----------|-----------|-----------|-----------|----------|------------|
|                    |          | mtn      | off-trail | scram     | trail     |          |          | track     | trail     | off-trail |          |            |
| Croasdale          |          |          |           |           |           |          |          |           |           | 2         |          | 2          |
| Denman             | 1        |          | 4         | 2         |           |          |          |           | 3         | 1         |          | 11         |
| Drew               |          |          | 3         |           | 5         |          |          |           |           |           |          | 8          |
| Fischer, B.        |          |          | 1         |           | 1         |          |          |           |           |           |          | 2          |
| Fischer, P.        | 1        |          |           |           |           |          |          |           |           |           |          | 1          |
| Fritz              |          |          | 1         | 3         | 4         |          | 1        |           |           |           |          | 9          |
| Fryling            | 1        |          |           |           |           |          |          |           |           |           |          | 1          |
| Hadowy             |          |          | 1         |           | 1         |          |          |           |           |           |          | 2          |
| Hunter             |          |          | 2         |           | 5         |          |          |           |           |           |          | 7          |
| Jones              | 1        |          |           |           |           |          |          | 4         | 7         |           |          | 12         |
| Kittle             |          |          |           |           | 2         |          |          |           |           |           |          | 2          |
| Ladouceur          |          |          |           |           | 1         |          |          |           |           |           |          | 1          |
| Logos              |          |          |           |           | 1         |          |          |           |           |           |          | 1          |
| Mason              |          |          | 1         |           | 1         |          |          |           | 1         | 1         |          | 4          |
| Moran              |          |          |           |           | 1         |          | 2        |           |           |           |          | 3          |
| Mulligan           |          |          |           | 3         | 1         |          |          |           |           | 2         | 3        | 9          |
| Noer               |          |          |           |           | 1         |          |          |           |           | 3         | 1        | 5          |
| O'Reilly           |          |          |           |           | 4         |          |          | 1         |           |           |          | 5          |
| Park               |          |          |           |           | 1         | 3        |          |           |           | 1         |          | 5          |
| Polt               |          |          | 1         | 2         |           |          |          |           |           |           |          | 3          |
| Potter             | 1        |          | 1         | 1         | 15        | 2        |          | 1         | 2         |           |          | 23         |
| Powley             |          | 1        |           |           |           |          |          |           |           |           |          | 1          |
| Reid               |          |          | 4         |           |           |          |          |           | 2         |           |          | 6          |
| Reimer             |          |          | 1         |           | 2         |          |          |           |           |           |          | 3          |
| Safety Comm.       |          |          |           |           | 1         |          |          |           |           |           |          | 1          |
| Sargent            |          |          |           | 1         |           |          |          |           |           |           |          | 1          |
| Saunders           |          |          | 2         |           |           |          |          | 1         | 1         |           |          | 4          |
| Schleinich         |          |          | 5         |           | 9         |          |          | 3         | 2         |           |          | 19         |
| Sinclair           |          |          | 1         |           | 13        |          |          |           |           |           |          | 14         |
| St John            |          |          | 3         | 3         |           |          |          | 1         | 2         | 3         | 1        | 13         |
| Tardif             |          |          |           |           |           |          |          |           |           | 1         |          | 1          |
| Weger              |          |          |           |           |           |          |          | 1         | 1         |           |          | 2          |
| Westcott           |          |          |           |           | 1         |          |          |           |           |           |          | 1          |
| Wolters            |          |          | 2         | 1         | 1         |          |          | 1         |           | 1         |          | 6          |
| <b>Grand Total</b> | <b>5</b> | <b>1</b> | <b>33</b> | <b>16</b> | <b>71</b> | <b>5</b> | <b>3</b> | <b>13</b> | <b>21</b> | <b>15</b> | <b>5</b> | <b>188</b> |

## Called Trips by Rating

| difficulty         | cycle    | hikes    |           |           |           | downhill | s.shoe   | X-C ski   |           |           | mtn      | Grand Total | Person Days |
|--------------------|----------|----------|-----------|-----------|-----------|----------|----------|-----------|-----------|-----------|----------|-------------|-------------|
|                    |          | mtn      | off-trail | scram     | trail     |          |          | track     | trail     | off-trail |          |             |             |
| 1                  | 3        | 0        | 2         | 0         | 12        | 3        | 1        | 0         | 2         | 0         | 0        | 23          | 193         |
| 2                  | 2        | 0        | 1         | 0         | 25        | 2        | 0        | 4         | 2         | 0         | 0        | 36          | 403         |
| 3                  | 0        | 0        | 12        | 0         | 28        | 0        | 1        | 9         | 10        | 0         | 0        | 60          | 552         |
| 4                  | 0        | 0        | 11        | 0         | 6         | 0        | 1        | 0         | 6         | 3         | 0        | 27          | 282         |
| 5                  | 0        | 0        | 7         | 10        | 0         | 0        | 0        | 0         | 1         | 7         | 0        | 25          | 186         |
| 6                  | 0        | 0        | 0         | 6         | 0         | 0        | 0        | 0         | 0         | 4         | 0        | 10          | 108         |
| 7                  | 0        | 1        | 0         | 0         | 0         | 0        | 0        | 0         | 0         | 1         | 2        | 4           | 50          |
| 8                  | 0        | 0        | 0         | 0         | 0         | 0        | 0        | 0         | 0         | 0         | 3        | 3           | 17          |
| <b>Grand Total</b> | <b>5</b> | <b>1</b> | <b>33</b> | <b>16</b> | <b>71</b> | <b>5</b> | <b>3</b> | <b>13</b> | <b>21</b> | <b>15</b> | <b>5</b> | <b>188</b>  | <b>h</b>    |

## REPORT FROM THE LIMA CHAPTER

Led by Dave Reid, 3 members of the Lima Chapter of the Rocky Mountain Ramblers set out Sunday, July 18, to hike up to the Cascadas de Palakala (Palakala Falls). This hike begins at the village of San Geronimo de Surco, about 60 km east of Lima (between the towns of Chosica and San Bartolomé if you have a map). Dave and Diane had visited this site with an eco-tour guide the previous week and wished to have another look. I was game to go along.

To understand the logistics of such an outing one must know a bit about Lima.

Lima lies at the edge of the Pacific Ocean in a coastal desert zone. It rarely has rain and when it does, there is only a fine mist. At a latitude of 12° S., the land is warm. However the cold Humboldt Current slides northward off-shore and the result is a continuous fog during the winter months (June to September), the result of the temperature contrast between land and sea. It's not thick, more like a giant low-lying cloud and it can extend up to 25 km inland. Some days the fog diminishes, the sky brightens, the sun comes through and we all warm up. But to be sure of sun, one needs to go up into the mountains, at least 15 km east of the city.

Another point to make is Lima's size. With over 7 million people (and, I'm sure, half as many cars and buses) the city stretches a long way inland up the Rimac River valley. Also, considering the economy of Peru, a good many of those 7 million people are pretty darn poor - so a lot of Lima, especially the outskirts, is grungy and theft is almost a way of life with rich-looking gringos making wonderful targets.

So back to the hike! The first task is to get out of Lima and to the village. A taxi? But where would we find one to bring us back? We opted to travel on one of the dozens of mini-buses (called combis here) as this was the way the Reids had gone the previous Sunday.

After 1 hour and only 1 harrowing incident we were finally rolling along through the outskirts of Lima. Another hour brought us to Chosica and SUNSHINE! (Chosica is very popular for day trips with Limeños, thanks to being above Lima's grey cloud-fog). Board yet another bus, wait for it to fill up (no point leaving until there's a paying load, right!) then away we go.

From Chosica, the road wound up deeper into the mountains - through a narrow valley between steeply rising hills. At last, San Geronimo - 11:30 a.m. The trip had taken 3 hours but the skies were clear, the sun was warm and we were primed.

Crossing the river, elevation 6000 feet, we passed through the village and started climbing up the end of a ridge that seemed to jut out towards us from the mountain range behind. A wide, rock-strewn track led us gradually up in a series of switchbacks through small terraced fields on the flanks of steep slopes. Walking mostly in the open, we sometimes found shade under the occasional Eucalyptus tree.

At 7700 ft. the ridge flattened out briefly and we stopped for lunch in a gently sloping field. The view was impressive - the long valley stretching east and west and, far below, the flat roofs of the village, nestled together like interlocking tiles.

This was the point where I gave up. Two months at sea level and no real hiking since early May had turned me into a real wimp. Since it was now nearly 2 p.m. and we still had to get back to Lima before dark (6 p.m.), we decided to hike back down instead of going on up another 700 to 800 ft and maybe 1 km to reach the falls. For me the Palakala Falls will have to wait till another day.

Submitted by: Dorothy-Ann Reimer  
b1999-07-27

## BOG WALKING IN THE CONNEMARA

The lure of Ireland's Connemara country is told in song and folktale - the lakes and the vast open hills - a land whose economy has depended on sheep and the bogs for hundreds of years. It is a land of wild and desolate beauty, as far removed from the sedate farmlands of SE Ireland as our Rockies are from the SE Ontario townships.

From Galway, Phil Spaulding and I planned and plotted, with the help of Bord Failte (Irish Tourist Bureau) some way to sample it. We settled on visiting Connemara National Park, 2000 hectares of protected land near the west coast of County Galway at Letterfrack. Two nights at the nearby village of Clifden would give us a full day for our visit and there was a local bus to take us to the entrance.

Our bus to Clifden left Galway around 5:00 p.m., taking us through our first glimpse of the Connemara. Very few farms, lots of small lakes and streams and, yes, lots of bog including some bogs which were being actively harvested by machine. The most dramatic feature here is the 12 Bens (or 12 Pins), a series of 12 mountains, the highest of which were shrouded in mist.

The next morning we set off early from our B. & B. Well, the 9:30 a.m. bus was broken down. 20 minutes of searching later, we finally found the local taxi office and by 10:30 we were, at last, at the Park.

Was it worth the effort? You bet it was. After viewing an excellent 15 minute video on the park we were ready to learn first hand (or should I say first-foot) about bogs. Armed with a local map from the park Information Centre, a 1:50000 topo map, compass and binoculars, we set off on a trail to take us up to a spur off the south edge of Diamond Hill. (For the statistics buffs, Diamond Hill is 1460 ft. high and our destination is 1000 ft. From the Centre we climb barely 800 ft)

Imagine the small spongy bog-like areas we encounter in places like the trails up to Rockbound Lake or Bourgeau Lake. Then cover everything with it; flatlands, hills, even the mountain tops. Take away all the trees, add some heather and clumps of moorgrass and lots of water and you have the track we followed. There are even some insectivorous plants; butterworts and the tiny sundew that is so small (barely 2 mm wide flower) that I would have missed it if some other walkers hadn't pointed it out.

As we squished along I heard a sharp 'Aargh' followed by 'Aha'. There was Phil triumphantly pulling a muddy hand out of the muck, holding his cane's rubber tip. The bog had released the cane but had kept the tip.

Though many people walk up here there is no obvious path. Instead there were several routes one could follow. I don't know if this is better or worse for the environment. By the same token, I had thought that sturdy hiking boots would be best but perhaps the lighter running shoes that I wore actually did less

damage. Certainly we never sank any deeper than 1 or 2 inches even in the wettest bog.

Finally, at the top of the pass, we stopped for lunch. To the west lay the sea; to the east the valleys and lakes along the north side of the Bens. Our last goal, the top of the south ridge, took another half hour. The views were even more spectacular and, from this vantage point, it became obvious that - no matter what route we chose for a return - we'd still be 'Bog Walking in the Connemara'.

Submitted by: Dorothy-Ann Reimer  
1999-07-27

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### THERE IS ANOTHER WAY!

*Email Submitted by Phil Spaulding with more expected in the future.*

Good Evening Suzanne --While dry-walling in the basement late this AM and most of the afternoon, I had plenty of time to think about what I might say about the Ireland trip. Believe me, dry-walling is absolutely the most dull activity imaginable so one's mind turns to more productive things. I have thought a lot about my way of doing the tourist thing, a kind of re-adaptation of my anthropological thing. So, unless I get a better idea I shall call my contribution "Another Way" or "There Is Another Way" or words to that effect. What I am proposing is this: if you want to get the most for your money and if you want to learn how the local people manage their lives and if you don't mind doing a little work to run your own travel tour, then what I am proposing will pay dividends.

Some years ago I joined a tour initially organized by the University Continuing Education Faculty and managed on the ground by a private tour agency in San Francisco. We went to Ecuador, to Quito to be exact and thence to the Galapagos for a week and finally over the Andes to a jungle village in an Amazon tributary drainage. It was fun, expensive and several times I wanted to do this and couldn't. For example, I wanted to explore Quito but couldn't because that was not part of the organizers plan. I decided then and there that in the future I would conduct my own tours and that is exactly what I have done over the past twelve years.

First, in Central America (Costa Rica, Guatemala, Honduras), second in South America (Bolivia--part of which was with Dorothy-Ann, Peru and Chile), and third, just recently in Ireland and England (most of which was with Dorothy-Ann). It's more difficult to do your own thing in South and Central America than in England and Ireland. Government tourist offices in the latter two countries are organized to help you do your own thing. So, what I shall do is propose this as an alternative to the *professionally organized tourist tour* and tell you how it worked out in both Ireland and England. How does that sound to you? Initially I'll compose this little gem on the word pad, then I will either E mail it to you.

Give my best to you feline friend. Phil



## GREAT EXPECTATIONS *(not by Charles Dickens)*

There is an aspect of going on a group trip that is best expressed as 'reasonable expectation'. What can you as a participant, and you as a coordinator reasonably expect to happen during the trip? Two issues which seem to cause the most grief during trips are matters of safety and the pace at which the participants hike. These two issues are interrelated and dependent on personal responsibility and reasonable expectations.

Each person on a trip has a personal responsibility to ensure that they have the physical and mental capabilities to do the trip at a pace that can be reasonably expected of each person given the degree of difficulty of the trip. When the discrepancy in hiking pace is significant between the slowest and the fastest in the group, then safety becomes a major issue. If the person at the end is injured, it may not be possible to get assistance from those ahead.

This issue of 'reasonable expectations' is not difficult to establish. If you are a newcomer to the club and are unsure of what level of hike you are comfortable with, start with an easy hike and work your way up. Once you've been on one hike you have a base to work from. The next time you see a hike listed that interests you, discuss with the coordinator how you handled the first one and whether he/she feels that you could be reasonably expected to do their hike without any great degree of difficulty. If you find that people are always waiting for you every time you go on a trip, then you are choosing trips that are unsuited to your abilities. You should be going on easier trips until you have increased your speed. It is unfair to the other participants to continue to choose to go on hikes that are of such a degree of difficulty that it is inevitable that you will not be able to keep up to the group within a reasonable distance. What is considered to be a reasonable distance depends upon the length and difficulty of the hike.

From a coordinator's perspective, reasonable expectations also play a part in the pace the group can be expected to go at. Safety is very much part of this issue. The possibility of injury and the presence of bears are significant concerns. The longer and more difficult the hike is, the greater the importance that people hike reasonably close together. This increases each person's responsibility to ensure that their hiking pace is close to the norm that can be expected for that hike.

When coordinators agree to lead a hike they can rate the pace at whatever they wish but are their expectations reasonable considering the degree of difficulty of the hike? For example, if you decide to lead a 10 km hike along a flat valley at a fast pace is that reasonable? In my opinion the majority of people who would want to go on such a hike are not strong, fast hikers therefore you might find that you've left the whole group behind in the first kilometer. Conversely, if you decide to lead a long hike with a lot of elevation gain, you will attract strong hikers so is it reasonable to expect them to go at a slow pace? If you are a slow hiker yet know that eventually you will reach the end of a long difficult hike, is it reasonable to expect the group to go at your pace in order to reduce safety concerns? Should you even be on that hike?

It is important that both participants and coordinators have 'reasonable expectations' of what is considered a suitable pace for the group to set so that safety concerns are minimized. Be considerate of others when deciding which hike to go on. If your slowness prevents others from reaching the peak they would otherwise have attained, you just spoiled their day.

*Submitted by: Yolande de Visser*

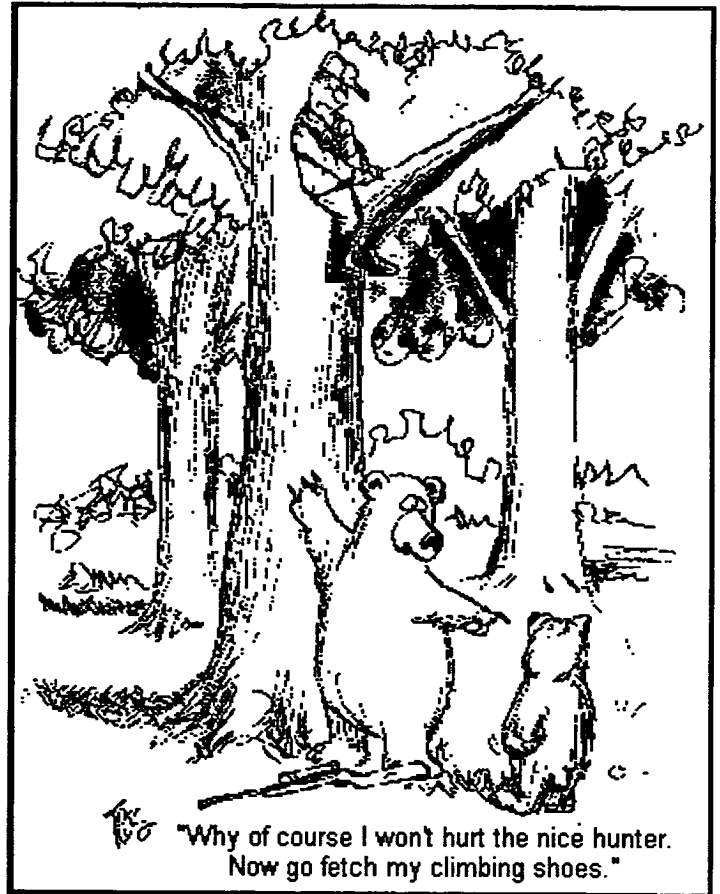
## A NOTE ABOUT GEM TREK PUBLISHING

*Gem Trek Publishing* from Cochrane, Alberta is likely familiar to most of you, even if you do not know it.

*Gem Trek* publishes many of the topographic maps we are increasingly referring to on our journeys out to the mountains. The maps are practical in that they cover many of the key areas used by Calgarians, plus they are easy to read topographic sheets that also depict a 3-D impression by shading. Many types of trails used by various hiking, biking, skiing, and equestrian minded folk are clearly marked on the maps. Land and water features, plus campsite information are illustrated as well. Trail descriptions and photographs added to the map sheets, making them a handy item to put in your pack when you head for the mountain areas. The bonus is that the maps are covered with a thin clear plastic coating that will undoubtedly extend the life of these well priced and frequently used 'gems'.

Two newly released maps were sent to the Ramblers Association as examples of the *Gem Trek's* high quality work and its ability to be current. These gifts to the Ramblers will be handed out to two lucky winners on Awards Night October 29. I'm hoping for the larger Bragg Creek & Elbow Falls Map sheet, but if I come in second best for anything, I'd be happy to receive the Guide to Lake Louise Day Hikes item.

Good Luck Folks, the Race Is On! Suzanne.



OCTOBER - NOVEMBER

### KEN'S QUOTABLE QUOTES

*As long as we are loved by others, I should say that we are almost indispensable; and no man is useless while he has a friend.*

- Robert Louis Stevenson

*The surest way to be late is to have plenty of time.*

"My grandfather once told me there are two kinds of people: those who do the work and those who take the credit. He told me to try to be in the first group, there was less competition there."

Indira Gandhi

When Mahatma Gandhi was asked what he thought of Western Civilization, he replied, "I think it would be a good idea."

*Budget: trying to live below your yearnings.*

Submitted by KEN PARK

**SKIING AT THE ROGERS PASS**  
**CHRISTMAS 1999**

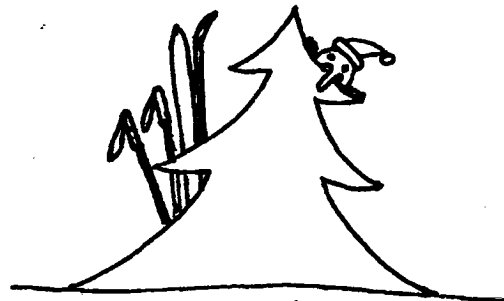
If you are interested in some fairly advanced backcountry skiing (or boarding) at the Roger's Pass, B.C. over Christmas 1999, then contact Dave Mulligan. I am booked in the ACC Wheeler hut from December 24 to 29 (6 nights).

**Cost:** \$30.00 per day (approx.)  
Including wilderness pass.

**NOTE:** at New Year, all ACC Huts have been booked by groups via lottery April 1999 and Icefield's Parkway Youth Hostels will be hosting special New Year Parties.

**SKI SEASON IS COMING!**

**WARNING! WATCHOUT FOR**  
*WARRIOR*  
**"THE PHANTOM SKIER!"**



*The Phantom Skier knows all----  
Sees all---- hears all!!  
He's everywhere! He's everywhere!!*

**TIME TO GET READY FOR**  
**SKIING: x-c that is!**

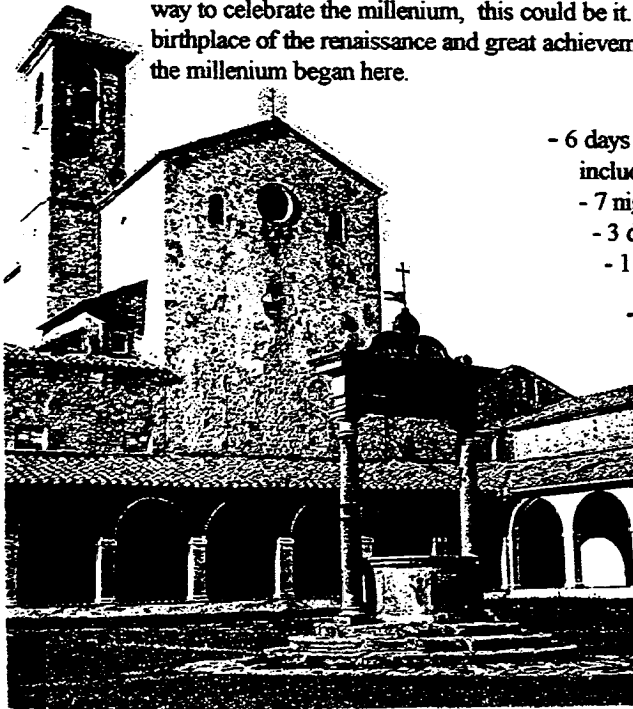
**LEARN WHAT YOU NEED  
TO KNOW TO X-C SKI OR TO REFRESH YOUR SKIING  
COME TO A X-COUNTRY CLINIC  
AND  
OUTDOOR LESSON**

**WHEN:           CLINIC - NOV 26  
                    LESSON - DEC 4**

**FOR MORE INFORMATION  
CALL DAWN JONES**

# ITALY 2000

I enjoyed my month long stay in Italy so much last summer that I'm going back again in June and July of 2000. This time I'm inviting fellow travellers/explorers to join me. If you've been trying to think of a truly unique way to celebrate the millenium, this could be it. This is the land that saw the beginnings of democracy, the birthplace of the renaissance and great achievements in architecture, philosophy and art. Much of the foundations of the millenium began here.



## JUNE 17-JULY 9 (21 DAYS)

- 6 days hiking village-to-village on the Italian Riviera Coast including the famous "Cinque Terre" trail
- 7 nights farmhouse holiday in Tuscany (Chianti wine country)
- 3 days Florence
- 1 night Pisa

### - 2 nights Venice

- 2 days Lucca
- 4 days Rome & Pompeii  
(Add-on option)

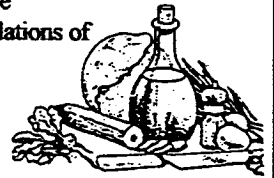
### THE TRIP WILL INCLUDE:

- 8 days car rental
- 10 breakfasts
- all lodgings
- authentic Italian cooking lesson
- wine tasting
- all train fares
- all taxes (land package)
- itineraries with maps for all cities visited

**\$2100** Dbl. Occup.\*

This is not a "Hilton" holiday. It will be a unique adventure trip! While at the farmhouse we'll have cars to explore Tuscany's medieval hill-top towns, fortresses, monestaries and churches. Try some bicycle touring. Visit the incredibly preserved ancient town of San Gimignano and its' multitude of towers. Explore the medieval gem of Siena, one of Italy's finest and partake in the pageantry and heraldry of its' famous horse race rivalry known as the "Palio".

\* Price and itinerary are preliminary and may vary slightly. \* For more info: Ken Park 244-6809



## FOR SALES

1990 Honda Accord LX, 2D, Standard.  
Engine 120,000km, 170,000km Vehicle  
New Tyres, Battery, Exhaust. One  
Driver. Immaculate. \$7,750.00 ONO.

## LOST & FOUND

I have misplaced a M.B.C. dark blue  
fleece shirt with a zip. It has two  
small dinosaurs over the pocket.  
Please call Christine Grotefeld